

NO SECRET IS LEFT UNVEILED WITH OUR TIPS FOR YOU TO HAVE YOUR MOST BEAUTIFUL SUMMER YET

Top 20 beauty secrets

1 *Knead to feel good*

Two minutes of gentle facial massage in your morning routine will help smooth lines, boost circulation, beat puffiness and give you a healthy glow. Try adding a facial oil (Decleor and Darphin have fantastic ranges) for extra radiance.

2 *New brows, new you*

'Having a professional eyebrow shaping will create a lifting effect around the eye area, and reduce the prominence of wrinkles,' says eyebrow queen Shavata Singh, who's worked her magic on Natalie Imbruglia and Elle Macpherson.

3 *Primed and ready*

Using a make-up base after your moisturiser will make your foundation glide on, and last longer. Cheat your way to perfection with Laura Mercier Foundation Primer (£27) or even out skin tone with By Terry Colour Skin Enhancer (£28).



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4 *Moisturiser's great, but...*

... Don't make the mistake of thinking one product will do it all: eyes, lips and neck need extra help. Deliver some specialist care with Estée Lauder Re-Nutriv Re-Creation Eye Balm and Night Serum (£200) Dr Denese Perfect Pucker for Upper Lip (£27.50) and the velvety Clarins Extra-Firming Neck Cream (£37).

5 *Go for the glow*

A pinky, pearly highlighter is a shortcut to a peachy complexion: smooth MAC's new Strobe Liquid (£19.50) onto cheeks for a 70s soft-focus glow that's right on-trend.

6 *Know when to splurge, when to save*

Pay extra for a serum, because you're buying cutting-edge technology. Dr Bragi Age Management Marine Enzyme (£120) contains exciting anti-ageing discovery Penzyme, and M Lab's Anti-Ageing Treatment Cream (£225) has a groundbreaking 68 per cent active ingredients. Balance the books by saving on SPF: a standard £3 supermarket SPF20 will block those harmful rays.



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7 *Buy an innovative foundation*

Look for serum and silicone to take coverage and comfort to another level. Naomi Campbell's make-up artist Daniel Sandler's new Urban Retreat Smartbase (£19.95) adapts to your skin tone, and Dior's Capture Totale High Definition Serum Foundation (£54) is made of 40 per cent anti-ageing serum.

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8 *Follow nail fashion*
Keep up with nail trends, Ciate is the nail polish du jour. Cupcake Queen (£7.50) is Kylie's fave shade, while Denise Van Outen loves Speed Dial. Kate Moss's manicurist Leighton Denny recommends keeping nails short and squoval: 'Apply an oil, like my Slick Tips (£10) and buff nails to a chic, glass-like finish.'

9 *Choose coral, apricot and orange!*
Celebrity make-up artist Angela Davis Deacon says these are summer's hottest hues: 'I love Sisley's new Hydrating Long Lasting Lipstick in Orange (£24) worn with a sheer, polished base, bare cheeks, and mascara.' Keira Knightley's fave make-up artist Kelly Cornwell agrees: 'Corals work perfectly with sunkissed skin and lift your face. Try Givenchy Rouge Interdit Shine lipcolour (£16.50) for a beautiful iridescence.'

10 *Shell out to see a dermatologist*
An annual consultation with an expert will discover what your skin really needs, from a course of Intense Pulsed Light to minimise sun damage, to microdermabrasion for old spot scars.

11 *When it comes to hair, condition matters*
A good cut and colour is vital, but it's super-shiny condition that keeps your look vibrant. The new range by New York stylist Paul Labrecque (who styled the stars for this year's BRIT Awards) is a great place to start: Repair Style Hydrating Hair Lotion (£16) is an easy, leave-in miracle worker.

12 *Switch to minerals*
The super-fine zinc-oxide in mineral make-up makes your skin look airbrushed, and it's particularly good for covering blemishes or redness. Shell out on Crème de la Mer's The Powder (£55): Jennifer Lopez never leaves the house without it.

13 *Invest in teeth whitening*
There's no denying pearly whites are a beauty bonus. Opt for the latest techniques, such as the new wy10 Whitening System, which gives a subtle, more natural look.

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14 *Cleansers go gloopy*
Three golden rules of effective cleansing: take your time, use a muslin cloth for exfoliation and choose a gunky gel. Eve Lom Cleanser (£78) is the daddy. But we also love Elizabeth Arden Intervene Daily 3-in-1 (£20) and Givenchy Clean It Tender (£16.50).

15 *Overnight treatments = real results*
Skin repairs while you sleep, so pop on a high strength overnight balm before bed for maximum moisture. Prevenge Anti-Ageing Night Cream, £115, releases antioxidants all through the night, and Darphin Aromatic Renewing Balm (£38) is like a week's stay at a spa.

16 *Find a lip colour to suit*
The right lip colour is a daily face-saver. Find a hue like your own lip colour but slightly pinker. Try Bobbi Brown's Raspberry range, or dab on Benefit's new Posietint (£22.50) a peachy-pink update on the bestselling Benetint, for a sexy just-kissed flush.

17 *Wear a feel-good fragrance*
The perfume industry's latest obsession is clean, mood-enhancing scents. Give yourself a lift with the sensory explosion of Prescriptives' Calyx Exhilarating Fragrance (£23) get a kick out of Marc Jacobs' new Splashes (£39) in Grapefruit, Basil or Pear, or enjoy the Sicilian lemons in Missoni Giallo (£45).

18 *Cellulite: don't lose hope!*
A new generation of sculpting creams has just hit stores. Maria Hatzistefanis, founder of Eva Longoria's fave brand Rodial says: 'Massage Rodial's Body Sculpture gel (£95) into your hips, thighs and tummy, and pop on a pair of Spanx knickers for 48 hours. You'll drop up to a dress size: it's an intensive DIY slimming wrap.'

19 *Don't compromise on holiday*
A clever invention by Dustin Hoffman's wife Lisa, means we don't have to let skincare slip when we travel. The star spouse has packaged cleanser, moisturiser and serum in small disposable ampoules (£14 for a day's supply).

20 *Easy summer chic*
Two-step summer beauty: apply the best fortnight-in-Florida sunless tan, Fake Bake Airbrush, £25, and swap make-up for hero product Nuxe Huile Prodigueuse Or (£19). It is a multi-purpose dry oil that adds a healthy golden sheen when mixed with your face cream or body lotion. BA